



Let's Talk About Porn

COMBATting THE PROBLEM – THE WAY FORWARD

1. Talk about it!

IF YOU LEAVE
BLANKS IN
COMMUNICATION,
THE ENEMY WILL
GLADLY FILL THEM.

Talk about it! - Blessing

- ▶ *Drink water from your own cistern,
running water from your own well.
Should your springs overflow in the streets,
your streams of water in the public squares?
Let them be yours alone,
never to be shared with strangers.*

Blessing

- ▶ *May your fountain be blessed,
and may you rejoice in the wife of your youth.*
- ▶ *For your ways are in full view of the LORD,
and he examines all your paths.*

Proverbs 5:15-18,21

2. Separate
action and
identity.

WHO WE ARE
FLOWS NOT FROM
WHAT WE DO,
BUT FROM WHAT
JESUS HAS DONE
FOR US.

Belonging

- ▶ *The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body.*
- ▶ *You are not your own; you were bought at a price. Therefore honor God with your bodies.*

1 Corinthians 6:13,19,20

Belonging

- ▶ For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. -Romans 7:19,20
- ▶ Therefore, there is now no condemnation for those who are in Christ Jesus... - Romans 8:1

3. Have an
action plan!

THAT SATAN MIGHT
NOT OUTWIT US. FOR
WE ARE NOT
UNAWARE OF HIS
SCHEMES.

- 2 CORINTHIANS 2:11

Boundaries

- ▶ *But clothe yourselves with the Lord Jesus Christ, and make no provision for [nor even think about gratifying] the flesh in regard to its improper desires.*

Romans 13:14, Amplified

The way forward

- ▶ 1. Destroy the source when possible.
- ▶ 2. Set boundaries and accountability.
- ▶ 3. Establish routines and good self-care.
- ▶ 4. Monitor friendships.
- ▶ 5. Encourage positive and healthy activities.

4. Get into the word!

- MEMORIZE
- MEDITATE
- MAINTAIN

The way forward

- ▶ For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

▶ - Hebrews 4:12

5. Utilize resources

- BOOKS
- STUDIES
- SUPPORT
GROUPS

The way forward

- ▶ The Fight of Your Life - Jeffrey Dean
- ▶ Every Young Man's Battle - Stephen Arterburn, Fred Stoeker
- ▶ Surfing for God – Michael John Cusick

The way forward

- ▶ Twelve step programs like Celebrate Recovery, Restoration, Sex Addicts Anonymous

6. Pray!!!

FIGHT ALL YOUR
BATTLES ON
YOUR KNEES!

7. Stay
connected!

WE ALL FACE
BATTLES WE
CANNOT FIGHT
ALONE!

Walk in the light!

- ▶ Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. - James 5:16



Stay connected !

- ▶ The enemy wants to isolate you!
- ▶ His purpose is thwarted when a
“Fall Fuels Fellowship!”



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